

Newsletter

Term 4, Week 3, 27th October 2021



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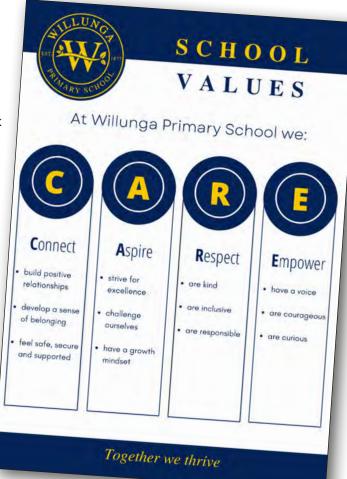
From the Principal

Branding

Thank you to everyone who provided feedback on a new logo and motto. We were very excited to seek community feedback on the logo and motto, which will take us into the future as an R-6 school. The new logo is currently awaiting final approval.

As part of our rebranding process we have also been reviewing our values. We are really proud of the final values which will guide our school into the future. Thank you to the staff, students and

families who were all involved in this very important work.





From the Principal CONTINUED

World Teacher's Day 2021

On Friday 29th of October, we will celebrate World Teacher's Day. On this day we acknowledge our teachers and the work that they do.

Over the most part of the last 2 years we have all been challenged by the pandemic and the impact upon our daily lives. Schools and teachers have played an important role in supporting children and families to stay connected. On this day we will celebrate as a staff with morning tea and certificates to acknowledge the important and valuable contribution our teachers make each and every day to positively impact the children they work with.

Farewell

On Thursday 28th of October we will farewell our OSHC Director Belinda Filkin. Belinda has been our OSHC Director for seven and a half years and has led our OSHC team to provide quality before and after school care and Vacation Care for our students. We wish Belinda all the very best in her new role as team leader at Where We Grow Aldinga. Our Assistant Director Nikki Cook, who is currently our acting Director, will be stepping into the Director's role for the foreseeable future.

Melanie Jones, Principal



Diary Dates

27th October **PAYINTHI TRANSITION VISIT** 9:30am

29th October **ASSEMBLY**

2nd November **GOVERNING COUNCIL MEETING**

@7:00pm

SPRING FAIR

4th November **WILLUNGA KINDY TRANSITION** VISIT

1:45 - 2:30

8th November WILLUNGA KINDY TRANSITION **VISIT**

1:45 - 2:30

9th November YEAR 6/7 FOOTSTEPS

11th November **REMEMBRANCE DAY**

13/14th November **ALMOND BLOSSOM FESTIVAL**

Materials & Services Charges

As it is nearing the end of the 2021 school year we would appreciate payment of all outstanding school fees as a matter of urgency.

Thank you to all the parents/ caregivers who have paid in full or applied for school card, or who are paying fees off via Centrepay. It is greatly appreciated.

Please remember that school fees are legally recoverable.

All unpaid fees as at 10th December 2021 will be forwarded to the Department for Education **Debt Collector.**

Lisa Pinder, Business Manager

Scholastic Book Club Orders

Just a reminder that Issue 7 Book Club orders close on Wed 27th Oct



2022 year 7 and 8 **Parent Information Evening**

Year 7

Wednesday 10 November

Year 8

Wednesday 17 November

6pm start with BBQ provided. 6.30pm Principal's address.

Willunga High School Year 7 and 8 Buildings

- · Inclusion and Students with High Intellectual · Uniform and Finance Potential Program
- Wellbeing and ATSI
- Laptop and Learner Management System
- International Baccalaureate: middle years program and lesson structure
- Middle School and Extracurricular Opportunities

Please email dl.0909.info@schools.sa.edu.au to RSVP



Sue Camac Pastoral Care Worker News

This week at Assembly Willunga's Got Talent long awaited medals will finally be awarded!

Masterchef is about to finish. We have had Name where that Ingredient Originated From, The Chip, Cheese, Cracker & Clinker Taste Test, Cake Decorating, Sausage Roll Making, Open Pantry Toastie Challenge and finishing off with a Scone making challenge.

I would like to thank the following people for supplying the goodies for our showbags:

Leon Bignell for the bags and notepads

Sealink for the pressout Ferries and the Kangaroo Island brochures

Fleurieu Milk for the Mootilda **Booklet**

Australia Post for the Bookmark and Activity Sheets

& a family member for supplying the pens and glowsticks

Thank you as well to all those who completed the survey regarding my work here at the school. It was









much appreciated. Apologies to the person who thought though we had a breakfast club at the school. The survey is not written or generated by me personally but is a generic one that that is used state wide. I do order food though through Kick Start for Kids so if students come without breakfast or lunch we do have supplies on hand. Having a review and survey

does make you reassess where you are heading in your role and what is working, however it also identifies areas that need to be tweaked or changed. I won't be able to run an ice-cream shop like one of the students requested in their survey. Maybe one day in my retirement if I have a sea change by the seashore!

Spring Fair - Tuesday 2nd November 2021

On Tuesday 2nd November Upper Primary classes will be hosting a school fundraiser to showcase their Kidpreneurial skills. This falls in line with our Economics & Business and advertising learning where we have been working on business planning and promotion as well as working to budgets.

Stalls range from selling home made goods, playing sideshow alley games and getting your photo taken to a 'haunted house' experience. Each stall will try and encourage students to spend money on an activity or product to make the most money for the school. Our Goals:

- 1. To promote the school to the local community
- 2. To have fun and bring enjoyment to others
- 3. Develop collaborative learning amongst the students

- 4. Raise money for the school for new outdoor learning areas
- 5. Showcase students learning and skills learnt so far this year including how they interact with the local community.

Please help us fundraise by bringing along money to spend at our fair. Each activity will cost from 50 cents - \$2.00, depending on the activity.

Please bring your coins along on the day!

All money raised goes towards the school.

The Spring Fair Sausage Sizzle is being held on Tuesday 2nd November at lunchtime. Sausages can be pre-ordered before 29th October via the QKR app under **Events Fundraising tab.**

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Sausage/bread & choice of sauce available for \$1.50 * limited sausages available for purchase on the day if not pre-ordered

What Is The Reset Room?

At Willunga Primary School all classroom teachers, specialist teachers, SSO's, leadership and relief teachers are able to refer students to a room named "The Reset Room" (previously Interoception Room). The Reset Room offers an environment for students to be explicitly taught regulation strategies to assist in building academic achievement, positive growth and social competence.

In teaching self regulation we address:

- emotional regulation (managing our emotions)
- sensory processing (how we respond and interpret sensory information from the environment and our bodies)
- executive functioning (problem solving, planning, attention and thinking styles)

When we can use strategies to monitor and manage our emotional and sensory needs we are more likely to be successful and therefore be available and ready for learning. This is because when we are in this optimal state of learning our brains are able to receive and organise information more accurately.

In the Reset Room we use a variety of methods and resources, some of our work comes from a framework called Zones of Regulation® (Leah Kuypers, 2013), whilst others are recommendations from occupational therapists or psychologists. Furthermore we also use training, new research and evidence based interventions we have learnt as educators. In the Reset Room each intervention is tailored to individual students' needs, this support can include teacher directed tasks to be completed. After sensory supports, thinking strategies or calming techniques have been applied to support regulation, students may work through aspects of the Australian Curriculum, the focus

will predominately be working on developing an awareness of their own emotional states, needs and perspectives. Students will identify and describe the factors that influence their emotional responses.

So what are the Zones?

Edited from Zones of Regulation®, Kuypers, L (2013)

BLUE ZONE Is used to describe low states or alertness, such as when one is sad, tired, bored or sick. This is when one's body and/ or brain is moving slowly/sluggish.

GREEN ZONE Is used to describe a regulated state of alertness. A person may be described as calm, happy, focussed or content. This is the Zone that students generally need to be in to complete school work.

It shows control to be in the Green Zone.

YELLOW ZONE Is used to describe a heightened state of alertness, however a person has some element of control when in this Zone. A person may be experiencing stress, frustration, confusion, silliness, nervousness, excitement and many more slightly elevated states (such as sensory seeking, wiggling, squirmy) when in this zone.

RED ZONE Is used to describe extremely heighted states of alertness or very intense feelings. A person may be experiencing anger, rage, explosive behaviour, panic, terror, or elation when in this zone. Being in the Red Zone can best be described by not being in control of one's body.

So what can parents/carers do?

Parent/carers can support their child/children to develop selfregulation skills at home by the following:

- Noticing and naming zones at home (in your child and yourself) for example 'I'm feeling excited that it's nearly the weekend so I think I'm in the Yellow Zone' or 'You are moving very slowly getting ready for school this morning I wonder if you are in the Blue Zone? What do you think?'
- If your child has mentioned that they have spent time in the Reset Room, ask them to show you what activities they tried to get back in the Green Zone. Ask which worked best for them? Perhaps keep doing some of these at home.

In our future newsletter articles we can share activities that are used in the Reset Room for parents/carers to trial at home.

I welcome questions and feedback via email or phone call:

kellv.caire934@schools.sa.edu.au or 8556 2234











Mountain Biking 2021

Willunga Primary School participated in their first ever Mountain Biking event on 15 October 2021 in O'Halloran Hill. The U13 team comprising of Ollie,

Pellion, Maelin and Aaron finished in 9th position out of 31 teams. That is an amazing effort considering it was their first time out.

The U15 team competed mainly

against high school students and finished mid table despite 2 of their team members pulling out due to injury. Well done, Angus and Jude.









COVE MARION WOMEN'S FOOTBALL CLUB

PLAYERS OF ANY EXPERIENCE WELCOME!





COME AND TRY SESSIONS UNDER 9, 11 AND 13 GIRLS

STARTING WEDNESDAY NOVEMBER 3RD* 6:00PM TO 7:00PM

*RUNNING EVERY FORTNIGHT

CLUB MARION - 262 STURT ROAD, MARION

