



Together we thrive

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Bullying Prevention Policy

Willunga Primary School provides a safe, inclusive, and supportive learning environment free from bullying, discrimination and violence. Bullying, discrimination and violence are hurtful and destructive. These are not acceptable at Willung Primary School and will be dealt with seriously. Staff will work with the school community and other services / agencies to support our students in being responsible and productive members of the community.

“Bullying is an ongoing and deliberate misuse of power in relationships through repeated verbal, physical and/or social behaviour that intends to cause physical, social and/or psychological harm.”

It can involve an individual or a group misusing their power, or perceived power, over one or more persons who feel unable to stop it from happening.

Bullying can happen in person or online, via various digital platforms and devices and it can be obvious (overt) or hidden (covert). Bullying behaviour is repeated, or has the potential to be repeated, over time (for example, through sharing of digital records).

Bullying of any form or for any reason can have immediate, medium and long-term effects on those involved, including bystanders. Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.”

National definition of bullying Education Council (2018)

What is bullying?

Bullying is deliberate, hurtful behaviour to repeatedly hurt, threaten or embarrass someone. It impacts negatively on the victim’s safety and wellbeing.

Cyberbullying – This is becoming more prevalent with students having easy access to mobile phones, computers and online games. Parents need to be aware of the cyber bully who has the wilful, conscious desire to repeatedly hurt, threaten or embarrass someone using electronic media.

What to do: Report the bullying as soon as it happens. Do not ignore it. If you ignore bullying; it may get worse.

a) If you are bullied

1. Tell the person who is bullying to stop. State clearly that the behaviour is unwelcome and hurtful.
2. Seek help. Talk about it with someone you trust. This may include a friend or a student mediator. There is nothing so awful that we can’t talk about it with someone.
3. Report it to a teacher or office staff. (verbally or through a [Bully report form](#)). Feel confident that any incident can be solved.
4. If you experience bullying, tell your parents.



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b) If you know someone is being bullied

(A bystander who observes or hears a bullying incident is considered part of the problem if they don't act.)

1. Care enough to do something about it whether it affects you personally or not.
2. Support the person being bullied.
3. Don't stand by and watch – get help from an adult.
4. Show that you and your friends disapprove of bullying.
5. If you know of bullying tell a teacher, office staff

What will happen if you are bullying students?

1. You will be counselled by your classroom teacher. You will be given the opportunity to resolve the situation and discuss the issue with the person you bullied. The situation will be recorded by your teacher.
2. If you persist in bullying you will be referred to the front office staff. (Deputy Principal/ Principal) for counselling and to develop a solution to the problem. Your parents will be contacted and the situation will be recorded.
3. If you are found to be bullying again a consequence will be applied. This may include:
(Parent interview - counselling program - loss of privileges - restricted play - in-school suspension during recess and lunch time - suspension etc. (Cyberbullying is an offense that may require police intervention)
4. If bullying continues your parents will be called to discuss further actions

Parents can help by:

- Taking an active interest in your child's social life
- Helping to build your child's self-confidence - by recognising and affirming his/her positive qualities - by valuing them for who they are.
- Having regular discussions with your child - the school's expectations - ways to respond if his/her rights are infringed or if your child is infringing.
- Encouraging constructive responses - physical bullying or persistent teasing should be reported - hitting back or retaliating with name calling won't solve the problem.
- Setting an example - be firm but not aggressive in setting limits - be positive in the things you say and do.
- Being alert to changes of well-being - unwillingness to attend school - dropping off in the quality of school work - damaged clothing or frequent loss of personal property - loss of confidence or mood changes - withdrawal from social activities.
- ACT - if your child is being bullied or is bullying. Discuss the issue with the class teacher or leadership staff
- Observe - what are they viewing on the internet? - use of phone and internet – Observing protocols; e.g. the legal age for Facebook, Instagram and Snapchat etc. is 13 years of age.





Teachers will help by:

- Having clear rules and guidelines
- Modelling appropriate behaviour
- Having regular community circles and check ins
- Demonstrating how to use our 'Bullying report forms' and keeping them in a place that's easily assessable
- Teaching of the Child Protection Curriculum
- Explicitly teaching (Bullying, resilience, identifying steps that students can do to prevent and reduce bullying)
- Participating in professional development
- Active supervision in class and yard

Leadership will help by

- Modelling appropriate behaviour
- Following up on reports and keeping documentation
- Identify trends (annual bullying survey reported to staff and school community)
- Clarify legal responsibilities
- Electronic tracking of behaviours
- Supporting, listening, and helping in any way they can.

Willunga Primary School Anti-Bullying Pledge	
At Willunga Primary School We show CARE	
We promise to:	<ul style="list-style-type: none"> ✓ Build positive relationships ✓ Be kind ✓ Be inclusive ✓ Be brave and stand up for one another
If we see bullying, we:	<ul style="list-style-type: none"> See it Report it Stop it





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Bullying report form

Is it Bullying?

- When someone says or does something **unintentionally** hurtful and they do it once that is **rude**
- When someone says or does something **intentionally** hurtful and they do it once that is **mean**
- When someone says or does something **intentionally** hurtful and they keep doing it even when you tell them to stop or show them that you're upset that is **bullying**

You need to tell someone if you are being bullied.
Telling someone is the first step to stopping Bullying.

Today's date _____
Your name _____
Year level _____
Class teacher _____
Who is bullying you?
Name _____ Year level _____ Class teacher _____

What are they doing or saying?

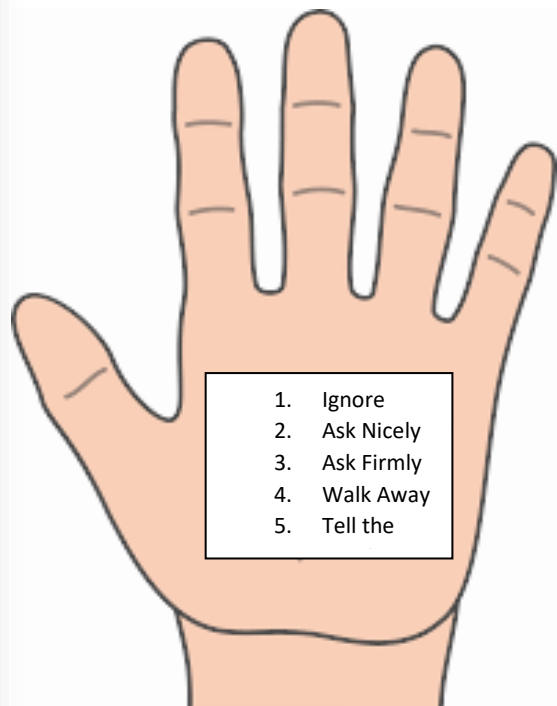
How often has this happened?
1 time 2 times 3 times 4 times 5 times More than 5 times

Are you worried what will happen if they find out you reported it? Yes No

What would you like to happen?

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When someone is bothering you;
Remember the 5 finger steps



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