**NEWSLETTER | TERM 1 WEEK 9** 

MARCH 27, 2024



"Together we thrive"

#### **Key Dates**

# Student Free Day Thur 28 March

Easter Long Weekend Fri 29 March - Mon 1 April

Yr 3/4 Swimming 29 April - 3 May

Parent Teacher Interviews 2 - 10 April

Casual Day & Last Day of Term, Early Dismissal Fri 12 April

#### **Building Resilience**

By Melanie Jones Principal

As we journey through the school year, it's important for us to foster an environment where our children can thrive not only academically but also emotionally and socially.

One crucial aspect of their development is learning how to face challenges and develop resilience. In today's newsletter, we want to emphasise the importance of allowing our children to problem solve and navigate challenges on their own.

# Why Letting Kids Problem Solve is Important:

Problem-solving skills are essential for success in both academic and real-world situations.

By allowing our children to tackle challenges independently, we are helping them develop critical thinking skills, creativity, and the ability to adapt to different situations. Moreover, learning how to solve problems on their own boosts their confidence and self-esteem, which are vital for their overall well-being.

#### The Role of Resilience:

Resilience is the ability to bounce back from setbacks and overcome obstacles. It is a skill that will serve our children well throughout their lives.

By allowing them to face challenges, make mistakes, and learn from them, we are helping them develop resilience.



### **Building Resilience (cont.)**

Resilient children are better equipped to handle stress, cope with change, and persevere in the face of adversity.

# Tips for Encouraging Problem Solving and Resilience:

- Provide Opportunities: Give your child opportunities
  to problem solve in various aspects of their life, such
  as homework assignments, conflicts with friends, or
  household chores. Encourage them to come up with
  their own solutions before intervening.
- Be a Supportive Guide: While it's important to give your child space to solve problems on their own, be there to offer guidance and support when needed. Help them break down complex problems into smaller, more manageable parts.
- Praise Effort: Focus on praising your child's effort rather than the outcome. Encourage them to persevere even when things get tough. Remind them that it's okay to make mistakes and that failure is a part of the learning process.
- Model Resilience: Children learn by example, so be sure to model resilience in your own life. Share stories of how you have overcome challenges and bounced back from setbacks. Show them that setbacks are opportunities for growth and learning.

#### Conclusion:

As parents, it can be tempting to swoop in and solve all of our children's problems for them, but by doing so, we may unintentionally hinder their growth and development.

By allowing our children to problem solve and develop resilience, we are equipping them with the skills they need to succeed in school and beyond. Let's work together to support our children on their journey to becoming confident, resilient individuals.

#### **School Calendar**

https://willungaps.sa.edu.au/calendar/

Principal's Quote of The Week

Share our similarities, celebrate our differences.

# NEW SMOKE-FREE AND VAPE-FREE OUTDOOR AREA LAWS NOW IN PLACE

From 1 March 2024, new laws will ban smoking and vaping in a variety of public outdoor areas in South Australia. Regulations under the South Australian Tobacco and E-Cigarette Products

Act 1997 (PDF 1254KB) are being introduced to address risks associated with passive tobacco smoking and passive inhalation of e-cigarette aerosol. This will occur through the creation of smoke-free and vape-free areas in the following areas:

- at early childhood services premises, and education and children's services facilities (including schools), and within ten (10) metres of their boundaries
- at and within ten (10) metres of non-residential building entrances, such as entrances to shopping centres, government and commercial buildings
- at public hospitals and health facilities, private hospitals and residential aged care facilities, and within ten (10) metres of their boundaries
- (note: the regulation for residential aged care facilities will come into operation 12 months after the day on which the other regulations are made)
- · within outdoor public swimming facilities
- at major events venues declared under the Major Events Act 2013
- at and within ten (10) metres of a sporting venue during an organised underage sporting event, training or practice session
- on beaches between and within fifty (50) metres of red and yellow flags, and under (and within five (5) metres of) jetties



Smoking and vaping are banned at this site including within 10m of the boundary

Tobacco and E-Cigarette Products Act 1997



clearingtheair.sa.gov.au

# **Harmony Day 2024**

#### What is Harmony Day?

It is a time to celebrate Australian multiculturalism, and the successful integration of migrants into our community. Australia is one of the most successful multicultural countries in the world and we should celebrate this and work to maintain it. Harmony Day is about inclusiveness, respect and belonging for all Australians, regardless of cultural or linguistic background, united by a set of core Australian values.

#### Why Orange?

Orange is the colour chosen to represent Harmony Day. Traditionally, orange signifies social communication and meaningful conversations. It also relates to the freedom of ideas and encouragement of mutual respect. Students could choose to wear something orange on Harmony Day to show their support for cultural diversity and an inclusive Australia.

#### **Our Cultural Diversity**

Australia is a vibrant and multicultural country — from the oldest continuous culture of our first Australians to the cultures of our newest arrivals from around the world. Our cultural diversity is one of our greatest strengths and is at the heart of who we are. It makes Australia a great place to live. An integrated multicultural Australia is an integral part of our national identity. All people who migrate to Australia bring with them some of their own cultural and religious traditions, as well as taking on many new traditions. Collectively, these traditions have enriched our nation.

#### **Facts & Figures**

There are some fascinating statistics about Australia's diversity that can be good conversation-starters:

- Nearly half (49 per cent) of Australians were born overseas or have at least one parent who was
- We identify with over 300 ancestries
- Since 1945, more than 7.5 million people have migrated to Australia
- 85 per cent of Australians agree multiculturalism has been good for Australia
- Apart from English, the most common languages spoken in Australia are Mandarin, Arabic, Cantonese, Vietnamese, Italian, Greek, Tagalog/Filipino, Hindi, Spanish and Punjabi
- More than 70 Indigenous languages are spoken in Australia.
- These facts are taken from ABS 2016 Census Data. Check out the Australian Bureau of Statistics website











#### **Pastoral Care Worker News**

BY SUE CAMAC

It's closing soon! Your chance to enter your First-Class, Freaky, Funky, Futuristic, Fun and Downright Fabulous Fashion into our Competition! It MUST be made from something that would have gone in the rubbish. Entries to be in by Thursday week 9 April 4th. There will be a winner from Reception, Year 1/2, Year 3/4 & Year 5/6. Adelaide Fashion Designer Kalila from Kalila & NaMOI designs will be judging the event! We will now be holding a Fashion Catwalk at Week 10 assembly of the items!



#### Parenting tip from <u>www.parentfurther.com</u>:

'You are both teacher and role model of positive values. The ways in which you talk about values and live by them will strongly influence your children's development of them, especially when your children become teenagers.'

## Calling for Your Feedback and Suggestions on Inclusion at Willunga Primary School

-BY KIRBY MORRIS INCLUSION LEADER

At Willunga Primary, we believe everyone should feel happy, included and have their learning needs met. We want all students to feel they belong and can do well. That's why we need your help!

We're asking for your ideas and feedback about what's working, what's not and how we can make our school a more inclusive environment. We want to know what you think about how we can make sure everyone feels welcome, respected and have their learning needs met. Whether it's about what we teach, the fun things we do, or how we work with the community, we want to hear from you!

It would be greatly appreciated if you can take a few moments to share your thoughts. Please advise the school if you would prefer an alternative format to provide your feedback.

https://forms.office.com/r/QYnVQJP3ED



#### **CULTURAL STUDIES**

A Sea of Hands display was created by students in Cultural Studies lessons during Harmony Week to celebrate the diversity of our school community.



#### **MUSIC**

#### BY CASEY HAASBROEK

This term, 34 of our choir students had the opportunity to attend a Combined Choir Rehearsal at McLaren Flat Primary School. The rehearsal was led by Robyn, the Director of Music for the Festival of Music choir program. They were joined by students from the McLaren Flat choir and spent the morning learning songs and choreography for this year's concert series. The students enjoyed 'Beautiful Creatures', a song from Rio 2 which is the opening number for the concert and features a rap in Portuguese.

Year 5/6 & 6 students are learning 'Carnival', a xylophone ensemble piece. They have been rehearsing in small groups in preparation for their performance assessment. Year 4 & 4/5 students are learning to play chords on the Ukelele and are preparing to create a short composition for the Ukelele in small groups.

Year 3 students have been learning the song 'I wanna C C C' on the xylophone and are composing a simple melody for the xylophone using the notes G, A and B. Year 2 students have been using fruit syllables to create and perform simple rhythms on untuned percussion. The Year 1 classes have learnt the song 'Seesaw' which uses the notes Soh and Mi. They have notated the melody of the song using hand signs and have also been exploring movement to match the tempo and mood of songs from the Carnival of the Animals.

The Reception classes have enjoyed preparing and performing simple dances using soft animals and non locomotor movement. They have learnt the song 'Kangaroo' and are learning to identify and notate the rhythm of the song using Ta and Titi.

#### **SCIENCE** -BY BROOKE HOCKING

Across Science, the year one students have been learning about the basic needs of living things. Students have investigated how all living things need water, food, shelter, and air.

Miss Watson's class have discovered the differences between a need and a want. They investigated what they would need to pack for a trip to the moon to survive.

This week we dove deeper into the shelter an animal requires. Students picked an animal and used clay to design its shelter. The class were able to describe why they made this shelter and how it would keep that animal safe.













#### SAPSASA CRICKET





On Friday 15th March our year 5/6 SAPSASA Cricket team played against Emmaus Christian College. We began by batting and made 139 runs and then in our bowling innings we took 7 wickets for only 90 runs. We ended up winning the match by 49 runs. The boys all showed great team spirit and sportsmanship and are looking forward to playing their next match against Encounter Lutheran in the coming weeks. - Samantha Jeffery

It was a cold windy morning and as captain I did the toss which we won, so we chose to bat first. Noah and I opened the batting, and we started off slow, but then when Noah got out, me and Nick started scoring runs. I hit a six and then we had quick drinks break then I hit another six and retired on 25\* runs. After retiring we started bowling and we got a wicket on the third ball by a runout. Miles bowled someone out middle stump and then got another direct hit run out. When I bowled, sadly I got no wickets in my first over. When I bowled my second over, I bowled someone out and then Lachie got two wickets in a row. He was close to getting a hat-trick but then the batter hit an uncatchable ball. In the end we won by 49 runs. - By Harry

On Friday morning our school cricket team had its first game. We won the toss and elected to bat. We started off slowly with Noah getting out, but soon after we were off, hitting sixes and fours. At drinks break we had scored 74 runs. Nick and Harry retired at 25 runs, then Patrick and Miles went in and scored a lot of runs so we took them off so other people could have a turn batting. Kai and I were next and hit some good shots. We ended up getting 149 runs. Next, we bowled and Jack started off the bowling and in total we got 7 wickets. Lachlan was on a hat trick, but we then missed the wicket and, in the end, the other team only scored 90 runs and so we were the winners. - By Naz

#### **AUS KICK CLINICS**

In week 8, all R-3 classes took part in an Aus Kick clinic run by Tarquin Brown a member of the SANFL.

The clinics were a fun and safe environment to give students a taste of AFL. They practiced their kicking, handballing, and teamwork skills in a range of different activities.

The students were all super respectful and had lots of fun, and if they wish to continue growing their football skills Willunga Football Club are running Aus Kick sessions on Friday nights.

For more information about these sessions contact <u>willungafc@gmail.com</u> or Ryan on 0418 571 930







# WILLUNGA PRIMARY SCHOOL CLUBS & ACTIVITIES









Orchid Club

















Fun Fridays







Art Club

